

Therapeutic support and Active Involvement for you and your Bromley child



As a foster carer for one or more of our Bromley children, we would like to introduce you to Active Involvement, and to offer you additional therapeutic support and training to better assist you in your fostering.

What extra support is on offer?

- ✓ THRIVE
- ✓ VR training
- ✓ IFA therapeutic support groups
- ✓ CoramBAAF training
- ✓ Active Involvement for all our children



If you would like more support or to attend our training, please get in touch with Katie Innis, from the PermanencyTeam:

katie.innis@bromley.gov.uk 020 8461 7086

What training and support is on offer?

THRIVE -

THRIVE is our exemplary in-house therapeutic service for both foster children and carers. It is interwoven at every stage of a child's placement with you.

VR training-

Our leading VR training offers sessions that immerse you in the place of a vulnerable child and helps you to understand the impact of trauma in a physical sense.

CoramBAAF training-

CoramBAAF is a leading provider of expert and specialist training for social work practitioners, and foster carers.

IFA therapeutic support groups-

We host regular support groups for IFA foster carers that currently care for Bromley children. These sessions are online and both day time and evening for your convenience.

What courses do we offer?

We offer a wide range of the most up to date training. Plus, if there is something you would like to attend but can't see it here, let us know, we can arrange it for you:

- Building Resilience to Stress Less
- Caring for Black & Mixed Heritage Children's Hair and Skin
- Child Sexual Exploitation (CSE) and Missing
- Fostering Logs
- Great Behaviour Breakdown (GBB)
- Growing Up in Care Lived Experience
- Identity and Self Esteem
- Introduction to BUSS Model – Sensory integration for Carers
- Introduction to Harmful Sexual Behaviour
- IT Training
- Managing Allegations Against Professionals
- Managing Risk of Self Harm
- Moving onto Permanence
- Non-Violent Resistance (NVR)
- Paediatric 1st Aid
- PREVENT
- Race, Culture and Spirituality
- Safer Caring
- Safeguarding – ME Learning
- Secure Base Training
- Tackling the Turmoil
- Teenage Challenging Behaviours
- The Journey to Independence
- Transracial Placements
- Trauma Informed Practice
- Traveller Awareness Training
- TSDS – Training & Development Standards for carers
- Understanding Adolescent Mental Health

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Our Active Involvement priorities and activities

- Promoting Active Involvement
- The Living In Care Council (LinCC) and Change for Care Leavers (CFCL)
- Brightspots survey
- Targeted Group work
- Targeted Work
- Training for Social Workers and Young Persons Advisors
- Social Events
- The Linkinbromley website
- Recruitment and training
- Celebration of achievement and success
- Relationship building
- Our House

Promoting Active Involvement

We encourage Active Involvement at every stage of a child's journey here at Bromley, it is interwoven amongst all of our services, support and activities.

The Living In Care Council (LinCC) and Change for Care Leavers (CFCL)

Living In Care Council (LinCC) is for children and young people in care aged 11-17 years old. LinCC is a participation group to help those in care to build better communication with those in charge of their care. The Council hope to share ideas in partnership to improve the services for everyone. LinCC creates a space that feels like a family and provides positive experiences.

The Change for Care Leavers group (CfCL) is made up of young people who are leaving and have left care and want to make a difference to other children's' lives. They contribute to important decision making at the council, strive to influence change and help to give young people a voice.

LinCC and CfCL are also members of the Corporate Parenting Board.

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Our Active Involvement priorities and activities

Brightspots Survey

We commission the Coram Voice Brightspots Survey, to capture the view of our children and young people and use their voice to influence the Corporate Parenting priorities and action plans

Targeted Group work

We run two gender specific projects, Fierce and Flawsome for our young women aged 12-17, and Young Men's Project, which is for our young men aged 16 and over to explore being a young man in today's society. We also run New Beginnings, for our young people not in education, training or employment aged 17 and over. This programme covers preparation and readiness for applying for jobs and being in employment. Each of these projects run for a specific number of sessions and have clear aims and objectives with regards to outcomes for all young people involved.

Targeted Work

We run a series of group work sessions with our LinCC and CfCI members to work on the priorities for the year. Such priorities can be staff training. We have a university project, run by two care leavers that are now social workers; the aim is to help prepare and support our young people considering higher education. Our Finance Wellbeing Officer delivers sessions to our young people on positive money management and financial independence. We also deliver sessions for our young parents.

There are other group work opportunities available to the wider care population. Such projects include filmmaking, music, drama and team building. All of these are designed not only to enhance self- confidence and social skills but to create memories.

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Our Active Involvement priorities and activities

Training for Social Workers and Young Persons Advisors

LinCC and CfCL have developed and delivered training programmes across the service to educate people on their views on their care journeys covering areas such as family, bullying, achievements, being a role model, being a young parent, and pets.

Social Events

We have a busy and varied social events programme throughout the year. Children and young people take part in fun days, day trips, workshops and community activities.

The Linkinbromley website

Our Linkinbromley website, www.linkinbromley.co.uk, is a dedicated site for children and young people that are in care. Children and young people are encouraged to regularly visit the site to find useful resources about coming into, living in, and leaving care. It also introduces Bromley's Corporate Parenting, promotes opportunities to get involved in projects, events and groups, and helps to support our young people to find employment and get support.

Recruitment and training

LinCC and CfCL participate in the recruitment of Bromley's social care staff and have taken part in a variety of interviews, including the interviews for our new Director of Children, Richard Baldwin and youth worker Francis Taylor.

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Our Active Involvement priorities and activities

Our House

Is a multipurpose house that is for our care leavers and children looked after. It is used by all staff in the Leaving Care Team and Children Looked After for group work.

Relationship building

Our key message is the importance of building positive relationships with our young people. We celebrate with them, we take them out for one to one meals, we give them new experiences, we want them to feel valued, appreciated and loved. We always aim to work with our young people, in our direct one to one relationships and in our projects.

Celebration of and achievement and success

We want our children in care and care leavers to feel safe and valued and go on to live happy and fulfilled adult lives. It is important to us that we celebrate all that our children achieve and succeed in; each year we host two awards ceremonies, Celebration of Success for our care leavers and Celebration of Achievement for all of our children.

In Bromley we work with a holistic, multidisciplinary approach to support our foster carers and children. As a foster carer for a Bromley child, we welcome you to take part in any training and support you wish to, and for your child to take part in our Active Involvement activities and support.

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