

EXPLORE



Online Personal Development Programme

FREE 5 week course for those aged 16 - 25:

- One-to-one support as well as group activities to help get motivated, meet new people and identify and achieve goals
- Sessions help to boost confidence, teamwork, communication and well-being. We also develop employability and independent living skills

Group induction on Monday 14th June

For further info, please email
Pippa.Davies@Princes-Trust.org.uk



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