

How much does it cost to get help from an advocate?

You don't need to worry about paying for an advocate. The advocacy service is free of charge to you and paid for by the London Borough of Bromley.



How can I talk to an advocate?

You can meet with the advocate with an adult or on your own.

It's **your** choice.

You can contact an advocate using the information below:

Telephone:
020 8899 6555

Email:
bromley@adventadvocacy.co.uk

Web:
www.adventadvocacy.co.uk

Or write to:
**Advent Advocacy
Building 3 Chiswick Park
566 Chiswick High Road
London
W4 5YA**



**want to
talk
to someone
who will
listen?**

**An advocate can talk with you
about what you think matters.**



Are you a looked after child?

A “looked after child” is a young person who the local authority has taken responsibility for placing in some form of accommodation. The local authority has a duty to you and to support you in accommodation. This accommodation might be a foster placement or children’s home.

Being a looked after young person can be tough and when big decisions are being made, it is normal to feel alone and not listened to.

How can an advocate help?

An advocate can do lots of things that help you have your say about your care and in decisions that affect you.

They can help your voice be heard when you feel people have not been listening to you or the problems you are having.

An advocate will help you with things like problems you may be having in your placement with the care you are having, bullying or any worries you have about family, contact, money, the people caring for you or other professionals.

They will go with you and support you in meetings, like your Looked After Child review or Child Protection Conference, and speak for you if you don’t feel confident.

They can tell you about your rights and help you make a complaint if you are unhappy about any of your care.

Won’t the advocate tell people what I’ve told them?

An advocate will keep what you say confidential unless you would like them to tell someone.

The only time they would tell any one, is if what you said made them think that you or somebody else is at risk of harm. In this case they would have to talk to someone but would always try and talk to you about it first.

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